



Sweet Carmen

Croissant Plain 2 / with Jam 2,5 / with Nutella 2,5	
Fresh Fruit & Syrup Pancakes	9
French Toast with Cinnamon and Banana	7
Cheesecake ^(2, 4)	7
Chocolate Cake ^(2, 8)	7
Banoffee ^(1, 2, 4)	7



Bowls



Toasted Carmen

sourdough bread toasts

TOASTS

Butter & Blueberries Jam	4
Olive Oil, Tomato and Salt	4

AVOCADO TOAST

Salmon & Creme Fraîche	9
Egg Poché & Lamb's Lettuce	7,5
Iberian Ham, Tomato and Arugula	8,5

Extra: Avocado 2.5 - Egg Poché 2.5 - Salmon 3.5 - Ham 3.5

A GOOD EGG

Eggs Benedict & Spinach on Brioche	8
Scrambled Eggs, Iberian Ham and Pan con Tomate	9
Fried Eggs with Avocado, Tomato, Mozzarella and Arugula	8

Extra: Ham 3 - Salmon 3,5

Light & Fresh

Fresh Salmon Poke Bowl, Quinoa, Spinach, Algae, Melon, Avocado and Corn	15,9
Fresh Tuna* Poke Bowl, Quinoa, Spinach, Algae, Melon, Avocado and Corn (*Balfego, Sustainable Catch)	16,9
Burrata, Organic Tomato and Basil	14
Cesar Salad	13
Goat Cheese Salad, Strawberries, Walnuts, Mustard and Honey	14,9
Salmon Tartar, Avocado and Algae	16

Sandwiched

Bikini Club Sándwich de Jamón Ibérico y Gouda	14
100% Beef Burger ^(1, 2, 4, 13) Beicon, Cheddar Cheese, Tomato, Lettuce, House Sauce and Caramelized Onion	14,5
Slow Cooked Pulled Pork ^(1, 2, 4, 10, 13) Barbecue Sauce and Cole Slaw Salad	14,5
Veggie Burger ^(1, 2, 13) Avocado, Lettuce, Tomato, Algae and Special Sauce	14,5
French Fries ⁽¹⁾	4,5

Snacks & Sides

Sweet Potatoes with Lime and Parmesan Cheese ⁽⁴⁾	7,5
Patatas Bravas con Salsa de la Casa ^(2, 13, 14)	6,9
Nachos with Pulled Beef, Jalapeños and Cheddar Sauce ^(4, 13)	8,9
Iberian Ham & Chicken Croquettes - 4 un - ^(1, 4, 13)	8,5
Carrot Hummus with Veggie Crudité and Pita Bread ⁽¹⁾	8,5

TABLE OF ALLERGENS

1. Gluten	4. Lactose	7. Crustaceans	10. Mustard	13. Sulphites
2. Egg	5. Peanuts	8. Nuts	11. Sesame	14. Mollusks
3. Soy	6. Fish	9. Celery	12. Lupins	

Juices

FRESH SQUEEZED

Orange 4,5 / Apple 5,5 / Carrot 5,5	
-------------------------------------	--

PURIFIERS

Pareo Orange, Apple, Carrot	6
--------------------------------	---

Chanqueta Cucumber, Celery, Apple, Lemon	6
---	---

ENERGIZERS

Tumbona Apple, Celery, Cucumber, Spinach, Ginger, Spirulina	7
--	---

Sombrilla Orange, Carrot, Lemon, Honey, Turmeric	7
---	---

Soft Drinks

Iced Coffee	5	Homemade Lemonade Lemon, Agave, Soda	5
Iced Latte	5	Ginger Soda Casera Lemon, Agave, Ginger, Soda	5
Iced Tea	5	Mint Lemonade Lemon, Agave, Mint, Soda	5
Homemade Orangeade	5		

Coffees

Espresso	1,8
Macchiato	2
Americano	2
Café con Leche	2,5
Cappuccino	3,5
Latte	3,5
Latte Macchiato	3,5

Teas

Green	3,5
English Breakfast	3,5
Chai	3,5
Mint	3,5
Chamomile	3,5
Ginger Antiox	3,5
Rooibos	3,5

Cocktails

Spritz Aperol, Prosecco, Soda	8
Americano Campari, Red Vermouth, Soda	8
Negroni Gin, Campari, Red Vermouth	12
Moscow Mule Vodka, Ginger Beer, Lime	12
Caipirinha Cachaça, Lime, Agave	12
Mojito Rum, Lime, Mint, Agave	12

Sangrias

Mama's Red Seasonal Fruit, Liquors, Red Wine	24
Mama's White Seasonal Fruit, Liquors, White Wine	24
Carmen & Bubbles Seasonal Fruit, Liquors, Cava	26

Beers

Estrella Galicia - 20cl -	2
Estrella Galicia - 33cl-	3
Estrella Galicia 1906	4
Alhambra	4
Cerveza sin Alcohol	3,5
Cerveza sin Gluten	3,5

Wines

SPARKLING

Perelada Stars Brut Reserva Xarel·lo, Macabeu, Parellada Penedès	4	23
---	---	----

Gramona La Cuvee Brut Xarel·lo, Macabeu, Parellada Corpinnat		30
---	--	----

WHITE

Palomo Cojo Verdejo Rueda	4	23
--------------------------------	---	----

Hermanos Lurton Sauv Blanc Rueda	4	24
---------------------------------------	---	----

Gramona Gessamí Muscat, Sauv Blanc, Gewürztraminer Penedès		27
---	--	----

Tomas Cusine Auzells Macabeu, Sauv Blanc, Riesling Costers del Segre		28
---	--	----

Gramona Mas Escorpí Chardonnay Penedès		28
---	--	----

Zárate Albariño Rías Baixas	6	29
----------------------------------	---	----

ROSÉ

Can Sumoi La Rosa Sumoll, Parellada, Xarel·lo Penedès	5	26
--	---	----

Domaine Saint Marie Cinsault, Rolle, Syrah, Cab Sauv, Grenache, Carignan Côte Provence		26
---	--	----

RED

La Bicicleta Voladora Tempranillo Rioja	4	23
--	---	----

Izadi Crianza Tempranillo Rioja		24
--------------------------------------	--	----

Pruno Crianza Tempranillo, Cab Sauv Ribera del Duero	5	26
---	---	----

Les Cousins l'Inconscient Cariñena, Garnacha, Cab Sauv, Merlot, Syrah Priorat		28
--	--	----